

OUR STUNNING NEW RECEPTION AREA AWAITS YOU

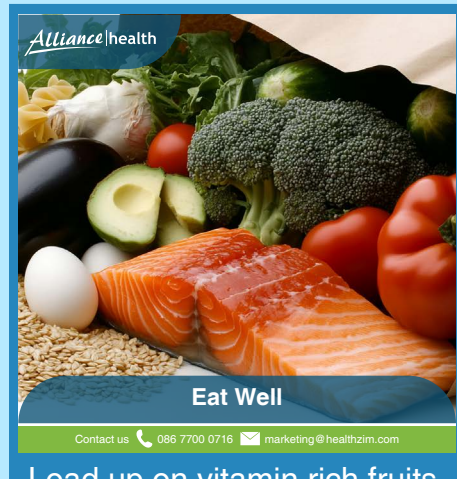
As part of our ongoing commitment to enhancing your experience, we have recently unveiled our brand-new reception area at our office. Designed with your comfort and convenience in mind, this beautiful space reflects our dedication to providing you with the best service possible.

We look forward to serving you in our lovely new space!

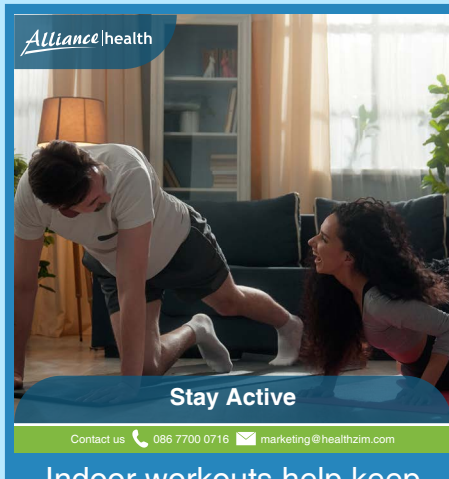
THRIVING THIS WINTER

Winter is here, bringing cozy nights and warm drinks but also an increase in colds, flu and other seasonal health challenges. At Alliance Health, we want you to stay protected and thriving all season long.

Boost Your Immune System – your first line of defense against winter bugs is a strong immune system.



Load up on vitamin rich fruits, veggies and whole grains



Indoor workouts help keep you strong. Try using apps or online videos for easy strength and cardio sessions.



Staying hydrated helps your whole body, including your immune system

By following these tips, you can enjoy a healthier and more vibrant winter season. Stay warm and take care of yourself!

OUR CORPORATE SOCIAL RESPONSIBILITY INITIATIVES



ALLIANCE HEALTH IS PROUD TO SPONSOR THE SABLES RUGBY TEAM

This partnership reflects our commitment to youth development and sports in Zimbabwe. By ensuring the Sables have access to quality healthcare, we're creating a safe and supportive environment for them to grow and succeed.

We believe that investing in young talent is key to building a strong future for rugby in Zimbabwe. With our support, the Sables can focus on training, knowing their health is in good hands.



SABLES

Alliance health TEAMS UP WITH CHISIPITE SENIOR SCHOOL

Alliance Health is proud to be the Title Sponsor of Chisipite Senior School's First Team Hockey, the Green Machine. This partnership highlights our support for women's sports in Zimbabwe.

At the kit handover event, our Managing Director, Paul Dewar, shared our excitement about backing young female athletes and partnering with a school known for excellence and talent development.

Chisipite's Sports Director, Ms. Banda, and team captain, Divya Kanjee, both expressed gratitude for the support, emphasizing the shared passion and teamwork behind this collaboration.

We're excited to support the Green Machine this season and help pave the way for the future of women's sports in Zimbabwe.



IMPORTANT REMINDERS!

To help ensure your claims are processed smoothly and without delays, please take note of the following key points:

1

Do not sign blank claim forms with service providers under any circumstances.

2

Always attach a copy of the prescription (script) when submitting claims for medication. This will assist in faster and more accurate reimbursement.

3

Ensure that doctor referrals to specialists are attached when submitting specialist claims.

4

Referral letters to specialists are valid for three (3) months from the date of issue. If you require an extension or have any questions, kindly contact our office for guidance.

5

Claims must be submitted within three (3) months from the date the service was rendered. Claims submitted after this period may be declined.

6

Children aged two (2) years old and below, can visit the Paediatrician without the need for a referral letter from a general practitioner (GP).

7

Children above 2 years of age will require a referral letter from their general practitioner to see a Paediatrician, unless if it is an emergency in which case the request will be escalated immediately for approval. Emergency access to Paediatricians will always be available for our young members.

8

Should you have any queries at all, we strongly encourage you to contact our team. We are here to provide the best advice and support throughout your healthcare journey.

QUOTE OF THE MONTH

“WINTER FORMS OUR CHARACTER AND BRINGS OUT OUR BEST”

~ TOM ALLEN

WHAT YOU NEED TO KNOW

Monthly subscription payments -

Your Alliance Health monthly subs will be invoiced and sent to you by the 16th of each preceding month. Please contact our membership team on membership@healthzim.com if you have not received your invoice.

Your subscriptions are due on or before the 1st of the preceding month. Claims will not be paid if your account is in arrears.

Alliance Health General Enquiries



membership@healthzim.com

Claims Submission

(Ensure all sections of the claim form are completed fully)



claimsteam@healthzim.com

Alliance Health Pre-Authorisation



callcentre@healthzim.com



086 7700 0716 | 077 212 6120

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Alliance Insurance Company



7 Fleetwood Road, Alexandra Park, Harare. | 7 Oak Avenue, Suburbs, Bulawayo.

273 Adam Stander Drive, Elephant's Walk, Victoria Falls.